

# Ergonomics: Principles and Application

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#### Overview

- Definition
- Scope of Ergonomics
- Ergonomic Design
- Anthropometry
- Interface Design
- Fitts and Jones Studies
- Conclusion
- Questions

#### Definition

**Ergonomics** is the Scientific Study of the Inter-relationships Between People and **Their Work** 

### Scope

- The Human System
- Environmental Factors
- The Man-Machine Interface
- Total Working System

#### Scope (1)

**Human characteristics** 

**Body Dimension** 

Strength

Physical and mental limitations

**Stamina** 

Learning

Perception
Reaction
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## SCOPE (2) Environmental Factors

Temperature Humidity Light Ventilation Noise **Vibration** 

## Scope (3)

#### Man-machine interface

Displays

Controls

**Communications Automation** 

#### Scope (4)

Total working system

Fatigue

Work rate

**Posture** 

**Stress** 

**Productivity** 

**Accidents** 

Safety

#### Ergonomic Design

Layout Vision Posture **Work Rate** Comfort

#### Anthropometry

The Study of Body Dimensions to Help Design Workplace Layouts and Equipment

# Interface Design Principles

Comfo Order of Use Priority
Functions
Fatigue

# Fitts and Jones Studies of '227 Errors'

**Errors of Interpretation 48 Errors of Reversal 47 Errors of Legibility 37 Errors of Substitution 12** 95

#### Conclusion

**Application of Ergonomics to the Design of** Tools, Machines, Systems, Tasks, Jobs and Environments for Safe, **Comfortable and Effective** Human Use

## QUESTIONS